

Safety Awareness and Fire Education - Gloucestershire Lesson Plan- Alarms and Escape

Class	Year 3 and 4	
Topic:	Smoke Alarms and Escape Plans	
Aim:	To understand the importance of smoke alarms and escape plans	
Safety Objectives	Detection and Escape	<p>Recognise the importance of correct smoke alarm installation.</p> <p>Identify the key factors in smoke alarm maintenance.</p> <p>Develop an effective escape route in their home.</p> <p>Develop an alternative escape route should their primary route be unavailable.</p> <p>Understand basic procedure if their clothes catch fire.</p>

National Curriculum Links	PSHE/ Citizenship	1c, 2b, 3e g 5b,
	English 1	9b
	English 2	7
	English 3	7b,11,12
	ICT	2a

Activities		Notes	Worksheets	Resources
1	Watch 'Quack' and discuss smoke alarms	✓		Film clip
2	Introducing Escape plans	✓		
3	Home Escape Plan Check		4 and 5	
4	Escape Plans at home			
5	Home Safety surveys		6 and 7	
6	Stop, drop and roll			Area to run around

If you would like a visit by GFRS, please contact GFRS before delivering the activities, using the form in the Introduction section on this website.

Activity 1	Watch 'Quack'
Working	As a class.
Resources	'Quack' film (on DVD). Facilities to play DVD.
Notes	Notes available.
Preparation	Set up DVD.
Plan	<p>Watch DVD.</p> <p>Discuss why the smoke alarms quacks. (When the alarm is in the wrong place).</p> <p>Discuss what a smoke alarms is and how it works.</p> <p>Discuss the importance of having working smoke alarms in the correct place.</p>

Activity 2	Introducing Escape plans
Working	As a class.
Resources	
Notes	Notes available.
Preparation	
Plan	Discuss what you would do if the school fire alarm sounded. Check the class escape route (see notes). If appropriate, have a practice fire alarm; this could be done as the whole school or just one class without the bell. Look around the classroom and spot any hazards (see notes) .

Activity 3	Home Escape Plan Safety Check.
Working	As a class and/ or individually .
Resources	Worksheets 4 and/ or 5 Home Escape Plan Check.
Notes	
Preparation	Photocopy one Worksheet 4 and/or 5 Home Escape Plan Check per child.
Plan	Using Worksheet 5, as a class think of questions concerning escape plans or use Worksheet 4 with the questions ready prepared. The children take the worksheet home and do a home safety survey of their home. Bring the results into school, tally the results up and discuss the results. E.g. how many homes have working smoke alarms?

Activity 4	Escape plans at home
Working	Individually.
Resources	
Notes	
Preparation	
Plan	Each child draws at plan of their home and draws in the escape routes. They can also write out a description of the route they would take and what they would do.

Activity 5	Home Safety Surveys
Working	As a class and/ or individually .
Resources	Worksheet 6 and/or 7 Home Escape Plan Survey
Notes	
Preparation	Photocopy one Worksheet 6 and/or 7 Home Escape Plan Survey per child.
Plan	Using Worksheet 7, as a class think of questions concerning home safety surveys or use Worksheet 6 with the questions ready prepared. Take the questionnaires home and ask up to five people to answer the questions. (For example neighbours, Grandparents, aunts and uncles etc.) Stress safety when doing this: do not ask strangers, make sure your parents know what you need to do. You can ask on the telephone. At school, compare the results and make graphs of the answers.

Activity 6	Stop, drop and roll
Working	As a class.
Resources	Area to run around and drop on the floor. PE mats if required.
Notes	This activity could be done as part of a PE lesson.
Preparation	
Plan	<p>Explain the principle of stop, drop and roll, what to do if clothes catch fire.</p> <p>Stop – keep still, this will help stop the flames from spreading. Drop – drop to the ground, this will help protect your head. Roll – roll around on the ground, this will smother the flames.</p> <p>Ask the children to run around and follow the instructions as they are shouted out “Stop, drop, roll”.</p> <p>The group could be split in two, half the group shouting commands and half doing the actions.</p>