

Safety Awareness and Fire Education - Gloucestershire
Activity Notes - Alarm and Escape

Class	Years 3 and 4
Topic:	Alarm and Escape
Activity:	2 Discuss Escape plans
Over view of activity	Discuss and practice or design an escape plan

Escape plans

If you hear the smoke alarm: Get out, Stay out and call 999

It is very important to have an escape plan that everyone you live with knows, so everyone knows what to do in a fire. Otherwise people may panic and hide rather than get out, people will not know where others are.

Your escape plan should be your normal route out of your home.

You should have a second route in case the first escape route can't be used.

You should keep your escape route clear and tidy. Imagine you are trying to get out in the at night, with smoke and the smoke alarm beeping. It would be dark and confusing.

If there are communal areas where you live (hallways, stairways) these should be kept clear.

Tidy your toys etc away at bedtime to keep the route clear.

If you have friends or family over to stay, make sure they know the escape plan.

Keep door and window keys near the door or window so that they can be easily found and used to help you get out.

Never use the lift when there is a fire.

Test doors with the back of your hand before you open them. If it is hot do not open it. The fire could be behind it.

If the room is filled with smoke, get down low and crawl out.

The quicker you react to the smoke alarm, the easier it will be to get out safely.

Never hide.

If you can't get out:

Try to get everyone into one room.

It is best if this room is at the front of the building and has a window.

Shut the door and put blankets, duvets, pillows or coats around the edges the door to stop the smoke coming in.

Open the window and shout 'Help- Fire!' If you have a telephone, call 999.

Hazards in the classroom

Ask the children to think about any hazards in the school.

During the day a fire exit route may look ok, but imagine what it would be like in a real fire with the room was filled with black smoke.

Doors (including fire exit doors) need to be clear, not blocked with tables or piles of bags etc
Bags or coats etc must not block the route out.

Fire exit doors must be clearly signed

Call points must be clear and accessible.

Below are some photographs of escape route hazards in schools:



Bags are a trip hazard



Fire door handle broken



Fire exit door is covered in a display so not clearly visible, fire exit sign is propped up by the door and boxes are blocking the exit.