

Safety Awareness and Fire Education - Gloucestershire  
Activity Notes- Keeping safe at home

<b>Class</b>	Years 5 and 6
<b>Topic:</b>	Keeping safe at home
<b>Activity:</b>	6
<b>Over view of activity</b>	Bedtime routine
<b>Notes</b>	
Night-time hazards include:	Any electrical item, which is switched on at the plug, is still connected to the mains electricity. This is why plugs get hot after a while. It is important to unplug electrical items not in use, for example mobile phone chargers. Cookers left on. Candles left burning. Fires left on/ burning with no guard. Cigarettes and other smoking material not properly extinguished.
Bedtime routine: to prevent fires	The last person to bed should make sure that: <ul style="list-style-type: none"> <li>• Electrical items, which do not need to be left on, are switched off. (Some electrical items such as fridges and freezers need to be left switched on.)</li> <li>• The cooker is switched off.</li> <li>• Candles are properly extinguished.</li> <li>• Fires/ heaters are turned off, or make sure that there is nothing close by which could catch fire. If it is a real fire, a guard should be put up to make sure that no fuel falls out.</li> <li>• Cigarettes and other smoking materials are properly extinguished and not put into a plastic bin while still hot.</li> </ul>
Bedtime routine: to escape fire	<ul style="list-style-type: none"> <li>• Escape routes should be kept clear; tidy your toys and clothes away each night.</li> <li>• Doors should be shut, especially downstairs doors or those separating the kitchen and living area from the bedrooms.</li> <li>• The keys to the doors and windows should be where everyone can find them.</li> </ul>